

Team coaching and facilitation

What is it?

For team coaching and team facilitation, we use the me:my™team method. This methodology is a third generation process for working with teams to accelerate their performance with exceptional outcomes on a key business issue.

The absolute focus of me:my™team method is the aligned delivery of a business goal through a high performing team. It is also designed to safely contain the head, heart and gut contributions of the team members individually and as one body. The process involves a series of short, potent team interventions to maintain and accelerate team performance, ensuring the team act between each session.

An integral part of this methodology is the ability to measure pre and post reality against six key factors that enable team performance.



Who is this for?

- Forward thinking team leaders with the ambition to take their team delivery from good to great
- Existing intact teams with a need to reset their level of team impact
- Cross functional teams created for a specific one-off project
- Organisations who want to establish teaming behaviours and ways of working

Where do I use me:my™team method?

me:my™team method works best where there is a need to:

- Galvanise the team's ability to deliver complex strategic imperatives
- Set a new team up for success or reset an existing team on a new project
- Look at building blocks to comply and encourage diversity, equality and inclusion
- Support a new Team Leader quickly develop a new way of working with their team
- Establish sustainable new ways of team working
- Integrate several teams together into one new team entity

What's involved?

me:my™team method focuses the team on a specific business context that only this team can deliver.

The process involves working initially with two facilitators, one who will be assigned the lead facilitator to oversee the whole process.

Process:

- Set up session to agree the context, key question and contract
- Team briefing on the process and diagnostic tool(s)
- Debrief on me:my™team and me:my™teamfeedback diagnostic results
- me:my™team method team sessions x 6
- Track of team performance
- Review, debrief and close

Output:

Delivery of the business issue through significantly enhance team performance.

A shared language and process for improved team working.

A complete set of results against the me:my™team model to show current state and progress.

If you want to find out more about how we can accelerate your team's performance, please contact:

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